





# Society for Education in Anesthesia 2012 Fall Annual Meeting

The Non-Clinical Curriculum: Education in Practice Management, Healthcare Policy and Physician Wellness

Friday, October 12, 2012
Walter E. Washington Convention Center
Washington, DC









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# **Program Information**

#### Jointly sponsored by



and





#### **Target Audience**

This meeting is designed for anesthesiologists and practitioners who specialize in anesthesia education.

#### **About This Meeting**

The purpose of this meeting is to educate and share information that will enable anesthesiology practition-ers to provide the highest level of education to further develop our field and improve patient outcomes.

#### **CME Accreditation**

This activity has been planned and implemented in accordance with the essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Society of Anesthesiologists and the Society for Education in Anesthesia. The American Society of Anesthesiologists is accredited by the ACCME to provide continuing medical education for physicians.

The American Society of Anesthesiologists designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

#### **General Sessions Goals**

While attending these sessions, the attendee will:

- Distill key elements of practice management curricula and ascertain strategies for incorporation of practice management curricula into residency education.
- Explore Healthcare Policy and its role in Graduate Medical Education.
- Discuss the meaning of Physician Wellness, its importance, and options for incorporating programs to achieve it.

#### **Disclosure**

The American Society of Anesthesiologists and the Society for Education in Anesthesia adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of the planning committee and faculty's commercial relationships will be made known at the activity. Speakers are required to openly disclose and limitations of data and/or any discussion of any offlabel, experimental, or investigational uses of drugs or devices in their presentations.

#### Disclaimer

The information provided at the above CME activities is for continuing medical education purposes only and is not meant to substitute for the independent medical judgement of a physician relative to diagnostic and treatment of a specific patient's medical condition.

#### **Needs Assessment**

Topics for this meeting were selected by various methods. Suggestions for topics were derived from evaluations of the 2011 and other previous Spring and Fall Annual Meetings, the Educational Meetings Committee, Board members, reviews of the published literature with the highest impact on the specialty, and by soliciting suggestions from SEA members actively involved in anesthesia education.

#### Special Needs

The Society for Education in Anesthesia is committed to making its activities accessible to all individuals. If you are in need of an accommodation, please do not hesitate to call and/or submit a description of your needs in writing in order to recieve service.

#### **Resolutions of Conflicts of Interests**

In accordance with the ACCME Standards for commercial support of CME, the American Society of Anesthesiologists and the Society for Education in Anesthesia will implement mechanisms, prior to the planning and implementations of CME activity, to identify and resolve conflicts of interest for all individuals in a position to control content of this CME activity.

# **Workshop Goals**

#### While attending these workshops, the attendee will:

## Practical Stress Management Techniques - A Quest for Physicians' Well-Being:

- Discuss the concept of challenge, stress, burnout and its effects in residents.
- Review the new findings on individual differences in stress reactivity.
- Discuss the four components of evidence-based stress reduction techniques implemented in anesthesiology residents at Yale University. (1) Identification and analysis of stressors; (2) modification of cognitive and appraisal processes; (3) Increasing the use of active coping mechanisms and minimizing the use of avoidance coping; (4) Creation of participants' own personal stress management plans.

## Critical Event Response Teams: Caring for the Caregiver in the Aftermathof a Adverse Event

- Identify and describe signs of post event distress syndrome, and compare to PTSD and Major Depressive Disorder.
- Understand and predict the potential impact of perioperative catastrophe on future performance.
- Demonstrate techniques used to attempt mitigation of emotional impact.
- Identify resources in the participants' practice to assist with symptom management and rehabilitation.

## The Paradox: Cultivating Resiliency While Developing an Academic Career

- Identify skills set that enhance your resiliency while having an academic career.
- Apply reflective survey to begin to identify steps towards developing a personal wellness plan.
- Apply reflective survey to begin to identify steps toward develop a personal educational academic work life.
- Identify resources to build your educational academic work life.

## Using Interactive Theater to Address Institutional Cultural Change

- Discuss variables that affect professionalism in the clinical learning environment
- Identify internal and external barriers which prevent leaders from intervening during unprofessional incidents
- Practice a variety of skills to address unprofessional behavior in trainees, both anticipatory and in-the-moment.
- Formulate an action plan to implement strategies learned to improve the professional learning environment

## **Program Schedule**

7:00 - 8:00 a.m. 8:00 - 8:15 a.m.

•	0.00 - 0.13 a.111.	Jeffr	ey S. Berger, M.D., M.A. – Chair t A. Schartel, D.O. – President
•	8:15 - 9:00 a.m.	Man Judit	eral Session: Educating Residents in Practice agement, Remarks and Panel th Jurin Semo, J.D.; Christopher Spevak, M.D., M.P.H., J.D.; en Smith, M.D., M.Ed.
•	9:00 - 9:15 a.m.	Que	stion and Answer Session
•	9:15 - 10:00 a.m.	Pres	eskey Lectureship: Educating Residents in Healthcare Policy ented By: Scott A. Schartel, D.O. pient: Jim Scott, M.D.
•	10:00 - 10:15 a.m.	Question and Answer Session	
•	10:15 - 10:30 a.m.	Networking Session with refreshments	
•	10:30 a.m 12:00 p.m.	Wor	kshops
		A.	Practical Stress Management Techniques - A Quest for Physicians' Well-Being Haleh Saadat, M.D., F.A.A.P.; Renate Schoenfelder, M.D.
		B.	Critical Event Response Teams: Caring for the Caregiver in the Aftermath of a Adverse Event Marjorie Stiegler, M.D.; Anahat Dhillon, M.D.; Judi Turner, M.D.
		C.	The Paradox: Cultivating Resiliency While Developing an Academic Career Kokila Thenuwara, M.B.B.S., M.D., MME; Gail I. Randel, M.D.
		D.	Using Interactive Theater to Address Institutional Cultural Change Charles Phillip Samenow, M.D.
		E.	SEA/FAER Scholar Program (Invitation Only) Stephen J. Kimatian, M.D.; Karen J. Souter, M.B., B.S., M.Sc., FRCA
,	12:00 - 1:00 p.m.	Lund	cheon and Business Meeting
	1:00 - 1:30 p.m.	Pres	e <b>Award</b> sented By: Scott A. Schartel, D.O. pient: Denham S. Ward, M.D., Ph.D.
,	1:30 - 2:00 p.m.		u <b>Update</b> n M. Zerwas, M.D.
	2:00 - 3:00 p.m.		eral Session: Physician Wellness: It's more than a Yoga Group rles Phillip Samenow, M.D.
	3:00 - 3:15 p.m.	Netv	vorking Session with Refreshments
	3:15 - 3:30 p.m.		Next Accreditation System and Educational Milestones orah J. Culley, M.D.
	3:30 - 5:00 p.m.		est on the Milestones, From the SEA Milestones Task Force nomas McLarney, M.D.; Gary E. Loyd, M.D., M.M.M.
•	5:00 p.m.	Con	clusion of Program

Breakfast and Committee Roundtable Discussion

Welcome and Introductions

# **Meeting Location**

Walter E. Washington Convention Center, Washington, D.C., USA 801 Mount Vernon Pl. NW Washington, DC 20001

The Walter E. Washington Convention Center is located in the heart of the nation's capital, steps from historic museums, great restaurants and wonderful attractions. For more information, visit www.dcconvention.com.





**Description:** Simulation-based medical education emerged from efforts begun by anesthesiologists to improve patient safety. Interest in this technology has expanded as medical schools and hospitals build simulation programs, and credentialing bodies begin to require the addition of simulation to both educational and certification processes.

Certainly it is a popular and interactive teaching method that allows learners to make errors without harming patients, thus allowing them to learn from their errors in a safe environment. The question remains: is there any evidence to justify this push for the use of simulation? In light of costs of the facilities, equipment and personnel required to run a simulation program, many believe that simulation-based training will gain acceptance only when there is definitive proof that its use leads to improved patient outcomes and decreased costs.

The Subspecialty panel will be structured as a debate on the the theme "Simulation: Boon or Boondoggle."

# Simulation: Boon or Boondoggle?

Date: Monday, October 15, 2012

Time: 7:00 - 8:15 a.m. Location: East Salon A

Moderator: Scott A. Schartel, D.O.

Speakers: David M. Gaba, M.D.; Amanda R. Burden, M.D.;

Edwin A. Bowe, M.D.

#### Learning Objectives:

- Describe the evidence regarding the use of simulation as a tool for education and evaluation
- 2. Describe barriers to acquiring evidence concerning the impact of simulation.
- 3. Identify the appropriate role for the use of simulation in education for anesthesiology.
- 4. List the advantages and disadvantages for the use of simulation in certification and maintenance of certification.
- 5. Distinguish between opinion and evidence as it relates to simulation in medical education.
- 6. Identify and discuss elements of simulation education that lead to change in patient outcome.

\*Please note that this session is created and submitted to ASA by SEA. This session is not included in your registration to the SEA Fall Annual Meeting. Registration for the ASA Subspecialty Panels must be done through the ASA registration website www.asahq.org/Annual-Meeting.aspx.

# **SEA 2012 Fall Annual Meeting**

The Non-Clinical Curriculum: Education in Practice Management, Healthcare Policy and Physician Wellness Friday, October 12, 2012 \* Washington DC Convention Center \* Washington, DC

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		☐ Check (Made payable to Society of Education in Anesthesia; U.S. currency only)
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Phone	Fax	Refund Policy: Full refund through September 14, 2012; 75% refund through September 30, 2012. Refunds are determined by the date written
E-mail		cancellation is recieved at the SEA office.
☐ I will require handicap assistance. ☐ I will require assistance not specified on this form.	quire vegetarian meals.	als.
Registration Fees		Workshops
Early Registration Fee Deadline: September 14, 2012	2. Please note that all registration will be closed after	Morning Workshops, 10:30 a.m 12:00 p.m.
above. Please check the appropriate box. Fee include	processed, a confirmation will be sent to the address	Please place a (1) next to your first choice; (2) next to your second choice; (3) next to your third choice.
	n processed, a confirmation will be sent to the address es breakfast, lunch, breaks, and course material.  Late Registration Fee	Please place a (1) next to your first choice; (2) next
above. Please check the appropriate box. Fee include Early Registration Fee	processed, a confirmation will be sent to the address es breakfast, lunch, breaks, and course material.  Late Registration Fee (After September 14, 2012)  \$\Price\$\$ \$SEA Member \$\$ \$150 \$SEA Member Resident/Fellow	Please place a (1) next to your first choice; (2) next to your second choice; (3) next to your third choice.  A. Practical Stress Management Techniques -
above. Please check the appropriate box. Fee include  Early Registration Fee (Through September 14, 2012)  \$\text{\$\text{\$}\$}\$\$ \$SEA Member  \$\text{\$\text{\$}\$}\$ \$100 \$SEA Member Resident/Fellow  \$\text{\$\text{\$}\$}\$ \$390 \$Non-Member*  \$\text{\$\text{\$}\$}\$ \$115 \$Non-Member Resident/Fellow*  \$\text{\$\text{\$}\$}\$ \$160 \$Non-Member Education Coordinator/	Late Registration Fee (After September 14, 2012)  \$\text{\$\text{\$\text{\$}}\$}\$	Please place a (1) next to your first choice; (2) next to your second choice; (3) next to your third choice.  A. Practical Stress Management Techniques -
above. Please check the appropriate box. Fee include  Early Registration Fee (Through September 14, 2012)  \$\text{\$\text{\$}\$}\$	processed, a confirmation will be sent to the address es breakfast, lunch, breaks, and course material.  Late Registration Fee (After September 14, 2012)  \$\rightarrow\$ \$\$ \$\$EA Member\$  \$	Please place a (1) next to your first choice; (2) next to your second choice; (3) next to your third choice.  A. Practical Stress Management Techniques -

Send to: Society for Education in Anesthesia

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