

SEA 2018 FALL MEETING SAN FRANCISCO



REGISTRATION BROCHURE

Well-Being: Translating Concepts into Action **October 12, 2018**

*Hilton San Francisco Union Square
San Francisco, California*

American Society of
Anesthesiologists®

Jointly Provided by the American
Society of Anesthesiologists (ASA)
and the Society for Education in
Anesthesia (SEA).



Register Online at www.SEAhq.org

Program Information

Target Audience

This meeting is intended for medical students, residents, and faculty physician educators in anesthesiology and related disciplines who are interested in how technology, economics and legislation impact medical and anesthesia education, as well as how to improve teaching skills and faculty development.

About This Meeting

The purpose of this annual meeting is to educate and share information that will enable anesthesia educators to provide the highest level of education and improve patient outcomes. Opportunities for questions and answers will be provided at the conclusion of each presentation.

Registration

Registration for the 2018 Fall Meeting includes a continental breakfast, coffee breaks, lunch, all workshops and the program syllabus. Note that all fees are quoted in U.S. currency. Non-Member registration fee includes SEA Active Membership Dues for the remainder of 2018. Member registrants must have 2018 dues paid in order to receive the member discount. Registration for the meeting can be made either by using the registration form in this brochure or through the SEA's website at www.SEAhq.org.

Registration Deadline

The registration deadline for the meeting is September 28, 2018. Registrations received after September 28, 2018, will be processed at a higher fee.

Accreditation and Designation Statements

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Society of Anesthesiologists and the Society for Education in Anesthesia. The American Society of Anesthesiologists is accredited by the ACCME to provide continuing medical education for physicians.

The American Society of Anesthesiologists designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Commercial Support Acknowledgement

The activity is not supported by any educational grants.

Disclaimer

The information provided at this activity is for continuing medical education purposes only and is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition.

Disclosure Policy

The American Society of Anesthesiologists remains strongly committed to providing the best available evidence-based clinical information to participants of this educational activity and requires an open disclosure of any potential conflict of interest identified by our faculty members. It is not the intent of the American Society of Anesthesiologists to eliminate all situations of potential conflict of interest, but rather to enable those who are working with the American Society of Anesthesiologists to recognize situations that may be subject to question by others. All disclosed conflicts of interest are reviewed by the educational activity course director/chair to ensure that such situations are properly evaluated and, if necessary, resolved. The American Society of Anesthesiologists educational standards pertaining to conflict of interest are intended to maintain the professional autonomy of the clinical experts inherent in promoting a balanced presentation of science. Through our review process, all American Society of Anesthesiologists activities are ensured of independent, objective, scientifically balanced presentations of information. Disclosure of any or no relationships will be made available for all educational activities.

Special Needs

The Society for Education in Anesthesia fully complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any attendee in this educational activity is in need of accommodations, please contact the SEA at (414) 389-8614.

Cancellation Policy

Cancellations received through September 14, 2018, will receive a full refund. Cancellations received from September 14, 2018 through September 28, 2018 will receive a refund of 60 percent. Refunds will not be given after September 28, 2018. Cancellation of a meeting registration must be submitted in writing. Refunds will be determined by date written cancellation is received at the SEA office in Milwaukee, WI.



Overall Learning Objectives

At the conclusion of this activity, participants should be able to:

- Recognize the problem of physician burnout.
- Understand the components of individual wellness.
- Learn about the landscape of ASA, GME, and UME wellness initiatives and programs.
- Develop and learn how to implement targeted interventions for wellness.

Workshop Program Objectives *(Listed Alphabetically)*

Behavior Design for Implementation of Successful Actions in Well-Being

Margarita Quihuis; Nirupan Vipulanathan, MD, FRCPC; Rémi Wolf, PhD

Upon completion of this activity, learners will:

- Understand and be able to describe BJ Fogg behavior model (B:MAP).
- Identify the roadblocks preventing a behavior from happening.
- Select the best element(s) between motivation, ability and prompt to design for, based on feasibility and expected impact.
- Design for lasting change, using baby steps and habits.

Develop Your Own Wellness Curriculum

Sandra Curry, MD; Allison Lee, MB, BS, MD; Teresa Mulaikal, MD; Cortessa Russell, MD; Jessica Spellman, MD

Upon completion of this activity, learners will:

- Recognize the features of physician burnout and identify key contributing factors to burnout.
- Design a wellness needs assessment at the participant's home institution.
- Develop a tailored, evidence-based wellness curriculum for the participant's home institution.
- Design a wellness curriculum program evaluation for participant's home institution.

Focused Brainstorm to Create Ideas Promoting Well-Being using Design Thinking

Janak Chandrasoma, MD; Justyne Decker, MD; Juliette Piot, MD

Upon completion of this activity, learners will:

- Describe the 6 steps of IDEO process of human-centered design in order to build empathy with the public they want to design solution for.
- Select the appropriate tools for the inspiration phase depending on the targeted public and global objective.
- Organize ideas with relevant tools, identify opportunities for design and test solutions in the ideation phase.
- Demonstrate basic knowledge of methods to implement and refine selected solutions.

Improving Resident Well-Being Through RAPID Response: Confessions, ALEEN and Increased Responsiveness

Mary Beth Brady MD; Gillian Isaac, MD, PhD; Deborah Schwengel, MD, MEHP; Tina Tran, MD; Jed T. Wolpaw MD, MEd

Upon completion of this activity, learners will:

- Be able to describe the Hopkins approach to communication with residents.
- Be able to adapt the strategies discussed in the workshop to fit their own programs.
- Be able to measure improvement in resident well-being over time with implementation of these communication strategies.

Workshop Program Objectives *(Listed Alphabetically)*

It's Not Just Starbucks: Implicit Bias and Well-Being in Healthcare

Jerrad R. Businger, DO; Sean P. Clifford, MD; Sarah E. Hartlage, MD; Rana K. Latif, MD, FFA; Brittany D. Maggard, MD

Upon completion of this activity, learners will:

- Compare the nature of implicit vs. explicit bias.
- List key characteristics of implicit bias.
- Identify damaging impact of inequities in the classrooms/ workplace due to implicit bias.
- Assess implicit bias using the Implicit Association Test (IAT) (participants will be requested to take it before the workshop). List several approaches to debiasing.
- As small groups, demonstrate the ability to develop a structure for a short (half day) 'implicit bias – debiasing' programs for medical students, residents and faculty.

Scripted Role-Play: Teaching Mindful Communication Skills for the OSCE and Resident Wellbeing

Bingshuang Fang, MD; Lisa R. Farmer, MD; S. Lynn Knox, MD, FASA; Sharif S. Mohamed, MD; Suzanne Northcutt, MD

Upon completion of this activity, learners will:

- Develop scenarios for each of the 6 communication and professionalism skills tested on the ABA OSCE.
- Describe the various needs of each participant of a role-play activity and detail the necessary script components for each participant.
- Develop an assessment tool for use in role-play activities.
- Explore the use of role-play to teach communication and professionalism skills during anesthesiology resident training.

Mark your calendar and be sure to join us at future SEA Meetings



2019 Workshop on Teaching

January 25-29, 2019
The Alford Inn
Winter Park, FL



2019 Spring Meeting

April 26-28, 2019
Denver, CO



2019 Fall Annual Meeting

November 7, 2019
(Prior to the SAAAPM Annual Meeting)
Swissotel Chicago
Chicago, IL



2020 Workshop on Teaching

January 24-28, 2020
The Alford Inn
Winter Park, FL

Program Schedule

Friday, October 12, 2018	
Time	Event
06:30 am – 05:00 pm	SEA Fall Meeting Registration
07:00 am – 08:00 am	Breakfast & Committee Roundtable Discussions
08:00 am – 08:15 am	Welcome and Announcements
08:15 am – 09:05 am	McLeskey Lecture: The Balancing Act: Finding Fulfillment, Contentment and Peace in the Busy World of Professional Life
08:15 am – 08:55 am	<i>Daniel H. Lowenstein, MD</i>
08:55 am – 09:05 am	Q&A
09:05 am – 10:00 am	Panel: Understanding the Landscape: ASA, GME, and UME Well-being Considerations
09:05 am – 09:20 am	<i>Amy E. Vinson, MD, FAAP – ASA</i>
09:20 am – 09:30 am	<i>Katherine Julian, MD – GME</i>
09:30 am – 09:45 am	<i>Howard Rubin, MD – UME</i>
09:45 am – 10:00 am	Q&A
10:00 am – 10:30 am	Coffee Break
10:30 am – 12:00 pm	SEA Workshops
	Workshop A – Behavior Design for Implementation of Successful Actions in Well-Being
	Workshop B – Develop Your Own Wellness Curriculum
	Workshop C – Focused Brainstorm to Create Ideas Promoting Well-Being using Design Thinking
	Workshop D – Improving Resident Well-Being Through RAPID Response: Confessions, ALEEN and Increased Responsiveness
	Workshop E – It's Not Just Starbucks: Implicit Bias and Well-Being in Healthcare
	Workshop F – Scripted Role-Play: Teaching Mindful Communication Skills for the OSCE and Resident Wellbeing
12:00 pm – 01:00 pm	Business Meeting & Luncheon
01:00 pm – 01:45 pm	Duke Award Presentation/Lecture: An Educational Story
01:00 pm – 01:35 pm	<i>Gary E. Loyd, MD, MMM</i>
01:35 pm – 01:45 pm	Q&A
01:45 pm – 02:30 pm	Cultivating Emotional Balance
01:45 pm – 02:20 pm	<i>Eve Ekman, PhD, MSW</i>
02:20 pm – 02:30 pm	Q&A
02:30 pm – 03:30 pm	Panel: Concepts in Practice
02:30 pm – 02:40 pm	<i>Jed Wolpaw, MD – Communication Bundle at Hopkins</i>
02:40 pm – 02:50 pm	<i>Jody Cimbalo Leng, MD, MS – Peer Support Program at Stanford</i>
02:50 pm – 03:00 pm	<i>Kevin Thornton, MD – Building Community at UCSF</i>
03:00 pm – 03:10 pm	<i>Barbara Orlando, MD – Mindfulness Based Stress Reduction at Mount Sinai</i>
03:10 pm – 03:30 pm	Q&A
03:30 pm – 04:00 pm	Coffee Break
04:00 pm – 04:45 pm	Mindfulness Exercises for Anesthesia Providers
04:00 pm – 04:30 pm	<i>Balachundhar Subramaniam, MD, MPH</i>
04:30 pm – 04:45 pm	Q&A
04:45 pm – 04:50pm	Meeting Wrap-Up
04:50 pm	Meeting Adjourns

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Hotel and Transportation Information

Hilton San Francisco Union Square

333 O'Farrell St
San Francisco, California 94102
Phone: 415-771-1400

<http://www3.hilton.com/en/hotels/california/hilton-san-francisco-union-square-SFOFHHH/index.html>

Housing reservations must be made through the ASA ANESTHESIOLOGY® 2018 housing system. Rates begin at \$330 per night. We highly recommend making your housing reservations online right away at:

<https://www.asahq.org/annualmeeting/attend/housing>.

Airport Transportation:

From San Francisco International Airport

Take Highway 101 North and exit at 7th Street. Turn right on Folsom Street, then left on 5th Street. Turn left onto Ellis Street past Mason St. Garage entrance is on Ellis Street.

Distance from Hotel: 14 miles

Drive Time: 30 minutes

Typical Minimum Charge

Limousine = \$200.00

Super Shuttle = \$17.00

Subway/Rail = \$9.65

Taxi = \$60.00

2018 Fall Meeting Registration Form

2018 Fall Meeting • October 12, 2018 • Hilton San Francisco Union Square • San Francisco, CA

Please Print or Type

_____ ASA#

First Name _____ Last Name _____

Degree _____

Title (Professor, Associate Professor, etc.) _____ Institution _____

Preferred Mailing Address _____

City _____ State _____ ZIP Code _____

Phone _____

E-mail _____

Payment Information

- Check** (made payable to Society for Education in Anesthesia and must be in U.S. funds drawn from a U.S. bank)
- Visa** **MasterCard**
- Discover** **American Express**

Credit Card Number _____

Exp. Date _____

Name on Card _____

Signature _____

Refund Policy: Full refund through September 14, 2018; 60% refund through September 28, 2018. No refunds after September 28, 2018. Refunds are determined by the date written cancellation is received at the SEA office.

Registration Fees

After your registration has been processed, a confirmation will be sent to the email address above. Fee includes breakfast, lunch, breaks, and course material.

Early Registration Fee

(Through September 28, 2018)

- \$195 SEA Member
- \$100 SEA Member Resident/
Fellow
- \$445 Non-Member*
- \$115 Non-Member Resident/
Fellow*
- \$160 Education Coordinator/
Administrator
- \$225 Non-Member
International*
- \$25 Medical Student

Late Registration Fee

(After September 28, 2018)

- \$245 SEA Member
- \$150 SEA Member Resident/
Fellow
- \$495 Non-Member*
- \$165 Non-Member Resident/
Fellow*
- \$210 Education Coordinator/
Administrator
- \$275 Non-Member
International*
- \$25 Medical Student

* Fee includes 2018 membership dues.

Special Needs

The Society for Education in Anesthesia is committed to making its activities accessible to all individuals. If you are in need of an accommodation, please do not hesitate to call and/or submit a description of your needs in writing in order to receive service.

- I will require vegetarian meals
- I will require Glatt Kosher meals
- I will require handicap assistance
- I will require assistance not specified on this form. If so, please contact SEA at (414) 389-8614.

Workshops

10:30 am – 12:00 pm

Please place a (1) next to your first choice; (2) next to your second choice; (3) next to your third choice.

- _____ A.) Behavior Design for Implementation of Successful Actions in Well-Being
- _____ B.) Develop Your Own Wellness Curriculum
- _____ C.) Focused Brainstorm to Create Ideas Promoting Well-Being using Design Thinking
- _____ D.) Improving Resident Well-Being Through RAPID Response: Confessions, ALEEN and Increased Responsiveness
- _____ E.) It's Not Just Starbucks: Implicit Bias and Well-Being in Healthcare
- _____ F.) Scripted Role-Play: Teaching Mindful Communication Skills for the OSCE and Resident Wellbeing

Please mail or fax form with payment to:
SEA

6737 W Washington St, Suite 4210
Milwaukee, WI 53214

Fax: (414) 276-7704

For quick and easy online registration, visit www.SEAhq.org
Questions? (414) 389-8614